

Lunch

STARTERS

SALT CRUSTED FRIED SHRIMP

Jumbo sized & crispy with a cucumber dill sauce
12

BACON WRAPPED SEA SCALLOPS

Apple smoked bacon with a maple syrup glaze
15

SURF POINT NACHOS

Fresh baked tri colored tortilla chips with olives, Jalapeños, tomatoes, scallions & smothered with Jack cheddar cheese, salsa & sour cream
14

CALAMARI

Golden fried with a spicy marinara sauce
12

BASILICO BRUSCHETTA

Garlic buttered ciabatta bread baked with parmesan cheese, topped with fresh tomatoes, garden basil & herbs
9

CHICKEN QUESADILLA

Flour tortilla filled with grilled chicken & topped with Jack cheddar cheese, black olives, Jalapeños, scallions, tomatoes, salsa & sour cream
12

SOUP

CLAM CHOWDER

Traditional New England style
7

LAND

CHICKEN CAESAR WRAP

Grilled chicken, crispy romaine lettuce, Parmesan cheese & Caesar dressing
11

TUSCANY CHICKEN SANDWICH

Sliced chicken breast with spinach, sautéed onions, pesto & Jack cheddar cheese on a Kaiser roll
11

CRANBERRY WALNUT CHICKEN SALAD SANDWICH

Slow roasted chicken breast, cranberries, chopped walnuts & savory vegetables with curry & mayo on a Kaiser roll
11

CHICKEN TENDERS

Served with French Fries
8

ROASTED TURKEY WITH AVOCADO

Served with lettuce, tomatoes, sprouts, smoked Gouda cheese with Wasabi mayo on a wrap
12

STEAK & CHEESE

Served with grilled onions & peppers, Jack cheddar cheese on a sub roll
12

BLACK ANGUS BURGER

Served with lettuce, tomatoes & your choice of cheese:
American, Jack Cheddar, Provolone or Swiss
11

GREENS

MIXED GARDEN SALAD

With mixed greens, tomatoes, cucumbers, green peppers & red onions
6/10

CLASSIC CAESAR

Crisp romaine lettuce, Kalamata olives, shaved Parmesan cheese & garlic pumpernickel croutons
6/10

BABY SPINACH & GOAT CHEESE

Tossed with fresh strawberries, red onions, dried cranberries & topped with an encrusted goat cheese medallion & light raspberry dressing
11/15

SOBA NOODLE SALAD

With mixed greens, julienned cucumbers, carrots & cabbage with soba noodles & Oriental sesame dressing
13

ADD TO ANY SALAD

Grilled or Cajun Chicken Breast 5
Grilled Shrimp 10 Steak Tips 10
Lobster 12

SEA

FRIED HADDOCK SANDWICH

Breaded & herbed fish fillet, fried & served on a Kaiser roll with lettuce tomatoes
12

LOBSTER ROLL

Maine lobster mixed lightly with mayonnaise & celery or served undressed with drawn butter on a grilled bun with lettuce
22

SPICY SHRIMP WRAP

Chilled garlic & spicy herbed shrimp, spring salad mix, tomatoes with a spicy siracha mayonnaise
14

FISH & CHIPS

Breaded & herbed fish fillet with our crispy fries
14

GARDEN

GRILLED GARDEN BURGER

Served with a roasted red pepper coulis
11

LITTLE SAILORS'

GRILLED CHEESE

Oozing with American with fries

PASTA

Served plain with butter or with marinara sauce

All 8.00

HOT DOG

On a grilled bun with fries

PB & J

A classic with grape jelly

ALL LAND, SEA & GARDEN ITEMS ARE SERVED WITH A SIDE OF FRENCH FRIES. COLE SLAW OR PASTA SALAD MAY BE SUBSTITUTED. GLUTEN FREE WRAPS & ROLLS AVAILABLE UPON REQUEST

We accept Mastercard, Visa & Discover. Thank you

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES IN ADVANCE

Not all items listed in menu descriptions. Consuming raw or undercooked meats & seafood may increase your risk of food borne illness.